

COURSE SEQUENCE Physical Education

Freshman Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
UCCA 101	Communication Arts I	4	UCCA 102	Communication Arts II	4
UCCP 101	Cultural Perspectives I	4	UCCP 102	Cultural Perspectives II	4
UCFH 120	Concepts	2	UCBP 101	Biblical Perspectives I	4
MATH 150	Precalculus	4	PSYC 101, SOCI 100, or HIST 217/218		4
	Fine Arts	2	Swimming		1
	Credits	16		Credits	17

Sophomore Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
BIOL 217	Human Anatomy	4	BIOL 218	Human Physiology	4
**EDUC 221	Issues in Ed. Culture	4	ESSM 231	Personal & Comm. Health	4
ESSM 141	Intro ESSM & Tech.	4	MATH 210	Elementary Statistics	4
ESSM 232	Prevention & Care	2	**EDUC 213	Adolescent Dev. In Ed.	2
ESSM 241	First Aid & CPR	2	***	Phy. Science	4
CORE		2		Credits	18
	Credits	18			

Junior Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
ESSM 322W	Motor Development	4	ESSM 201	Instructional Strategies	4
ESSM 473	Exercise Physiology	4	ESSM 336	Fundamental Sports Skills	4
ESSM 476	Anatomy & Kinesiology	4	ESSM 351	Coaching Principles	3
ESSM 477	Sports Nutrition	4	ESSM 362	Coaching Techniques	2
CORE		2	EDUC 323	Overview Child Dev.	2
	Credits	18	CORE		2
				Credits	17

Senior Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
ESSM 360	Cirriculum Design	4	ESSM 404	Student Teach PhEd.	12
ESSM 363	Coaching Techniques	2	ESSM 499W	Senior Seminar ESSM	2
ESSM 420W	Tests & Measurements	4		Credits	14
ESSM 433	Organization/Adm.	3			
ESSM 498W	Research Methods	2			
EDUC 311	Dev. Of Young Child	2			
	Credits	17			

**** Must be taken prior to admission to School of Education**

***** CHEM 108/109, PHYS 100, PHYS 108, or PHYS 150**