

COURSE SEQUENCE **Nutrition and Dietetics**

Freshman Year

<u>Fall</u>	<u>Class</u>	<u>Grade</u>	<u>Spring</u>	<u>Class</u>	<u>Grade</u>
UCCA 101	Communication Arts I	4	UCCA 102	Communication Arts II	4
UCCP 101	Cultural Perspectives I	4	UCCP 102	Cultural Perspectives II	4
ESSM 110	Food Preparation	4	ESSM 216	Personal Nutrition	4
ESSM 210	Intro to Nutr & Dietetics	2	MATH 150	Precalculus	4
	PHED Activity	1		PHED Activity	1
	Credits	15		Credits	17

Sophomore Year

<u>Fall</u>	<u>Class</u>	<u>Grade</u>	<u>Spring</u>	<u>Class</u>	<u>Grade</u>
UCFH 120	Concepts	2	BIOL 218	Human Physiology	4
BIOL 217	Human Anatomy	4	UCBP 101	Biblical Perspectives	4
ESSM 301	Foundations of Nutrition	1	ESSM 310	Lifecycle Nutrition	4
	Elective	4	ESSM 312	Food, Culture & Society*	4
MATH 210	Statistics	4		Credits	16
	(or Nurs 333 Statistics for Health Care Prof)	(3)			
	Credits	18 (17)			

*May be taken in a Jan Term internationally

Junior Year

<u>Fall</u>	<u>Class</u>	<u>Grade</u>	<u>Spring</u>	<u>Class</u>	<u>Grade</u>
CHEM 205	Foundations of Chemistry	3	CHEM 215	Fund. Organic Chemistry	3
CHEM 206	Chemistry Lab	1	CHEM 216	Chemistry Lab	1
ESSM 350	Community Nutrition	4	ESSM 413	Food Service Organization	4
ESSM 412	Quantity Foods	4	ESSM 491	Nutrition Seminar	2
PSYC 101	General Psychology	4	ESSM 477	Sports Nutrition	4
	Fine Arts	2		Credits	14
	Credits	18			

Senior Year

<u>Fall</u>	<u>Class</u>	<u>Grade</u>	<u>Spring</u>	<u>Class</u>	<u>Grade</u>
CHEM 345	Nutritional Biochem	3	BIOL 225	Microbiology	4
ESSM 371	Externship	4	ESSM 411	Medical Nutr. Therapy II	4
ESSM 410	Medical Nutr. Therapy I	4	ESSM 414W	Experimental Foods	4
ESSM 498W	Research Methods	2	ESSM 416W	Advanced Nutrition	4
ECON 201	Macro Economics	4	ESSM 499W	Senior Seminar ESSM	2
	Credits	17		Credits	18