

## COURSE SEQUENCE Athletic Training

### Freshman Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
UCCA 101	Communication Arts I	4	UCCA 102	Communication Arts II	4
UCCP 101	Cultural Perspectives I	4	UCCP 102	Cultural Perspectives II	4
UCFH 120	Concepts	2	ESSM 232	Prevention & Care	2
	Fine Arts	2	ESSM 241	First Aid & CPR	2
	Humanities	4	ESSM 274	Practicum ATHT I	1
	Credits	16	PHED 109	Strength Train-Phys.Cond	1
				Credits	14

### Sophomore Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
BIOL 217	Human Anatomy	4	BIOL 218	Human Physiology	4
ESSM 141	Intro ESSM & Tech.	4	CHEM 108	General Chemistry	3
ESSM 275	Practicum ATHT II	1	CHEM 109	Chemistry Lab	1
ESSM 276	Therapeutic Modalities	4	ESSM 277	Practicum ATHT III	1
PHYS 101	General Physics I	4	ESSM 300	Rehab Techniques	4
	Credits	17	ESSM 345	Medical Aspects	2
				Credits	15

### Junior Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
ESSM 375	Practicum in ATHT IV	1	MATH 210	Elementary Statistics	4
ESSM 476	Anatomy & Kinesiology	4	ESSM 374	Administration of ATHT	1
ESSM 485	Rec & Eval / Lower	4	ESSM 376	Practicum ATHT V	1
MATH 150	Precalculus	4	ESSM 473	Exercise Physiology	4
UCBP 101	Biblical Perspectives I	4	ESSM 477	Sports Nutrition	4
	Phed Activity	1	ESSM 486	Rec & Eval / Upper	4
	Credits	18		Credits	18

### Senior Year

<u>Fall</u>	<u>Class</u>	Grade	<u>Spring</u>	<u>Class</u>	Grade
ESSM 216	Personal Nutrition	4	ESSM 231	Personal & Comm. Health	4
ESSM 420W	Tests & Measurements	4	ESSM 322W	Motor Development	4
ESSM 450	Practicum in ATHT VI	1	ESSM 451	Practicum ATHT VII	1
ESSM 498W	Research Methods	2	ESSM 478	Sport Psychology	4
PSYC 101	General Psychology	4	ESSM 499W	Senior Seminar ESSM	2
	Credits	15		Directed Elective	4
				Credits	19